

CURRICULUM VITAE

LATEST UPDATE JULY 2022

CONTACT INFORMATION:

Located in Timișoara / România

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Born on the 30th of May 1984 in Sebeș Alba, România. BA in Psychology, MA in Philosophical Counseling and a license in Systemic Family Psychotherapy.

Currently enrolled in a Phd program in Philosophy at the West University of TM

ANCA - CORNELIA TIUREAN

SYSTEMIC FAMILY PSYCHOTHERAPY

PHILOSOPHICAL COUNSELING, MA



Working together towards a relationally healthy society.

PROFESSIONAL EXPERIENCE	EDUCATION & TRAINING
2012 - 2022 Private Practice : Systemic Family Psychotherapy licensed by CPR	2022 - 2025 Enrolled in PhD program in Philosophy at the West Univ. Timisoara
2011 - 2014 Supervisee in SFT within the Areopagus Institute in Timișoara	2016 - 2018 Bodywork Psychotherapy training with J. McDowell & John Heath
2011 - 2012 Internship: HR department at Continental Automotive Timișoara	2016 - 2022 Philosopher - Practitioner Certificate by IPPP with Oscar Brenifier
2008 - 2011 Freelance language tutor of English and Romanian (CAEN 8559)	2016 - 2020 MA in Philosophical Counseling and Consultancy PCC-UVT
2006 - a six months internship in HR recruitment at Continental Auto / TM	2014 - 2020 Symbolic Experiential Family Therapy with David Keith, MD.

NGO WORK EXPERIENCE	EDUCATION & TRAINING
2021 - 2025 Romanian Association of Transactional Analysis (vice president)	2013 - 2014 training Familylab Croatia Counseling and Parenting Workshops
2013 - 2019 Pro Psiho Association (project coordinator; president)	2004 - 2022 Basic and continuous training in Transactional Analysis ARAT
2011 - 2014 Kosova Health Foundation (training tutor in family psychotherapy)	2009 - 2012 Training in Systemic Family Psychotherapy at Areopagus Institute
2010 - 2014 Externship in Family Play Therapy with Shlomo Ariel from CIPT	2006-2007 Erasmus scholarship in Psychology at FPCE , U.Porto / Portugal
2010 - 2012 Aspis Association Arad (project coordinator, volunteer tutor)	2003 - 2008 BA in Psychology at the West University of Timișoara Romania
2008: March to June - CCOC West Univ. of Timișoara: career counselor intern	2005 - Erasmus Intensive Program by LLN European Patrimony in Education
2007 - 2008: Supervised volunteer in special pedagogy for Down Syndrome	1999 - 2003 High School education at Lucian Blaga National College Sebeș
2006 - 2007: Supervised internship in vocational counseling at FPCEUPT	1990 - 1998 Primary and secondary education in Șc. Generala Nr. 1 / Sebeș
2005 & 2007: Supervised practice in two psychiatric hospitals (RO / PT)	2004: Summer School: „Innovative approaches in training psychologists”

LIFELONG LEARNING UPDATES

20h CONTINUOUS PROFESSIONAL DEVELOPMENT 2022
OCT # Conferința Națională de Analiză Tranzacțională: „AT - Arta și disciplina libertății” (urmează)
IUL # Școala de vară Areopagus: „Construirea spațiului de siguranță emoțională” 14 credite CPR
MAR # Ura, dezgustul, rușinea și disprețul, C.Pop, The Link Centre, UK, 2h de formare
IAN # Lucrul cu arhetipurile, Stefan Charidge, Onlinevents UK
IAN # Lucrul cu trauma și continuum-ul fricii,, Stefan Charidge, Onlinevents UK

72h CONTINUOUS PROFESSIONAL DEVELOPMENT 2021

The Violence of Emotions: Self-Harming in Adolescence, F. Santicchio, at The Link Centre - 2h
In Another Reality: Exploring Psychosis & Therapeutic Practice, The Link Centre - 2h
Rechilding, Deconfusion & Redecision: What is the difference? Onlinevents, UK - 2h
Sinele deprimat, Ia, The Link Centre, UK, cu Ganna Golovan, 2h
Lucrul cu pierderea și doliul, Ia The Link Centre, UK with C. McQuaid, 2h
Terapia existențială a cuplului, The Link Centre, UK, 2h de formare
Supervizare profesională individuală și de grup, J.Heath, L.Heath, J.McDowell, I.Duma – 22h
Conferința britanică de analiză tranzacțională, UKATA, 9h - Aprilie 2021
Psihoterapia dependentei de alcool, 2h cu Eugen Hrișcu de la Clinica Aliat Bucuresti
Analiza Tranzacțională cocreativă, cu Keith Tudor TSTA – 3h, la Asociația Ceașca de Terapie
Bărbați, intimitate și rușine, cu James Hawes – 2h / 19 ianuarie 2021, The Link Centre (TLC)
Lucrul cu ideea suicidată la clienții LGBTQ, cu Chloe Foster – 2h / 15 ianuarie 2021 (TLC)
Teoria polivagală – atelier de neuroștiințe – 3h /14 ianuarie (TLC)
Psihoterapia cu copii și adolescenți – 6h / martie si februarie, la Alma Mater cu A.Comendant
Psihoterapia EFT pentru violența în cuplu – 10h / martie, cu Ileana Rogobete, ITFPS Areopagus
Lucrul EFT cu cuplurile traumatizate – 14h / febr si martie, cu Simona Herb, Centrul Psiris
Normativitate și terapia cu LGBTQ – 8h/ ianuarie, cu Helen Rowland, curs online

60h CONTINUOUS PROFESSIONAL DEVELOPMENT 2020

Ciclul considerării – 2h de formare în A.T. cu Mark Head, Ia The Link Centre, UK
Explorând rezistența la schimbare – 2h, cu Rebecca Davies, Ia The Link Centre, UK
De la starea de bine la a fi bine în lume - 2h, cu Giles Barrow, Ia The Link Centre, UK
Cultura în sala de terapie – 2h cu Suna Guven, Ia The Link Centre, UK
Burnout – 2h formare cu Dina Glouberman, Ia The Link Centre UK
Ce e bun la jocurile psihologice –2h cu Steff Oates și Lis Heath, The Link Centre, UK
Metafora în psihoterapie – 2h de formare, Online Events UK

Terapia sexuală, evaluare clinică și intervenție, Catharsis – 8 credite CPR
Transferul în consilierea cuplului – 2h de formare, Online Events UK
Conferința Națională de Analiză Tranzacțională – 10 credite CPR
Utilizarea terapiei schemelor în tratamentul tulburărilor de personalitate la Asociația Institutul Român de Schema Therapy, cu Elizabeth Lacy și Cristina Sterie - 9 credite CPR
Analiza modelului personalității MCMI-III, cu psih. clin. Claudia Borza – 8 credite CPR

CONTINUOUS PROFESSIONAL DEVELOPMENT 2014-2019

2019

APR # Terapia pentru tulburarea borderline, cu Caroline Andrew, Masterson Institute Australia

MAI # Dinamici sistemice în educație, 16h cu Bibi Schreuder, Bert Heiliger Institute Olanda

OCT # Conferința Națională de A.T., București, 25h formare profesională continuă

2018

MAI # Conferința: Bunăstarea și implicarea – scurtături către reziliență și talent, cu Ferre Laevers, Centrul de Cercetare pentru Învățare Experiențială, Univ. Leuven, Belgia – gazdă: Școala Babel, TSR

SEP # Arta de a fi terapeutic – 15h formare cu David Keith, PhD, Dep. Psihiatrie, Syracuse NY

2016:

FEB # Modelarea conflictelor în consiliere și psihoterapie, cu M. Nedelcu – 16 credite CPR

OCT # Conferința Națională de Analiză Tranzacțională - 16h formare – 5 credite CPR

2015:

SEP # Terapia familiala simbolic experiențială, cu Prof.Univ.Dr. David Keith, MD, Syracuse, NY, organizat de Institutul TFPS Areopagus Timișoara – 30h – 24 credite CPR

2014:

IAN # Autoritatea personală și echidemitatea în relațiile profesionale – 44h cu Raluca Jacono

APR # Programul educațional ChildNet – 20h în logopedie și psihologia copilului, Fundația Tulane

APR # Sesiunea de workshopuri UVT-FSP Mit și psihologie – 8h în psihodramă, artterapie, etc

APR # Competiția de dezbateri UVT-FSP Politici PE și AC – 50h tehnici argumentare și retorică

NOV # Conferința Națională de Analiză Tranzacțională – 5h credite CPR

Language is never a problem when we wish to understand each other. There are many obstacles to communication, but language is not one of them.

LANGUAGES

Romanian - my mother tongue / proficient user in speaking, writing, grammar, etc

English - practiced consistently since 1992 / proficient user in speaking & writing.

Italian - learned by listening, reading and speaking practice from 1994 until 2014.

French - learned in school and highschool from 1996 to 2003 / intermediate user.
Spanish - learned in university by reading and speaking practice / basic user.
Portuguese - learned in university by reading and speaking practice / basic user.
German - learned in primary school and practiced occasionally / basic user.
Latin - studied it from 1998 until 2003 / ability to translate read text by dictionary.
Chinese - started learning in 2022 as a personal hobby / beginner, not using it.

*Skill is a result of habit - therefore
collaborative reasoning should not be a merely occasional endeavor.*

OTHER SKILLS

Critical thinking - deliberate exercise of reasoning capacity since 2016 MA-PCC

Public speaking - relaxed, coherent and creative discourse prep and delivery skills

Musical skill - in *classic canto* practice and a symphonic metal band since 2021

Graphic design - have been making posters and infographics since school (1993)

Translation - I have experience with translating from Latin languages & English

Didactic skill - I have experience with tutoring children, students, adults & elderly.

Technical skills - I have experience with web-design, setting up and managing social media groups for educational purposes and I can use animation apps.

Information - I can analyze, synthesize, manage, create, evaluate and share information in various creative forms, from multiple perspectives & paradigms.

WRITING ACTIVITY

Tiurean, A. (2022) [The Art of Confrontation](#), considered for publication in The International Journal of Philosophical Practice - free access link soon / 2022

Tiurean A, (2022) [Observing Emotions](#). Romanian Transactional Analysis Association Newsletter Iss 16.

Tiurean A, (2022) [Ethical Competence](#). Romanian Transactional Analysis Association Newsletter Iss 16.

Tiurean A, (2022) [The Position](#) of the Romanian Transactional Analysis Association Facing the Need For Support Within the Context of Ukraine Situation. Reviewed by ARAT members. Romanian Transactional Analysis Association Newsletter Iss 15.

Tiurean, A (2021) [Thesis - Related Article](#) published in Interdisciplinary Research in Counseling, Ethics and Philosophy, Volume 2, Issue 4

Tiurean, A (2021) [*The Metaphorical Load of Philosophical Consultations in Psychotherapy*](#) - Dissertation by Anca Tiurean upon completion of Master Program: Philosophical Counseling and Consultancy, West University of Timisoara in collaboration with the Paris Institute of Philosophical Practices

Tiurean A, (2021) [*Ethical Dilemmas: When The Interest of the Therapist and That Of The Client Compete*](#). Romanian Transactional Analysis Association Newsletter Iss 14.

Tiurean A, Platon, O. (2021) [*Themed Intervision: Autism in Adults*](#). Romanian Transactional Analysis Association Newsletter Iss 14.

Tiurean A, (2021) [*Book Review: Tony White - Working with Drug and Alcohol Consumers*](#). Kingsley Publishers. Romanian Transactional Analysis Association Newsletter Iss 14.

Tiurean A, Coman Boldisteanu, A. (2021). [*At Home Within My Body*](#). Romanian Transactional Analysis Association Newsletter Iss 13.

Tiurean A, Hriscu, E. (2021). [*Allied Against Alcoholism*](#). Romanian Transactional Analysis Association Newsletter Iss 13.

Tiurean A, (2021). [*The Psychotherapist's Pose*](#). Romanian Transactional Analysis Association Newsletter Iss 12.

Tiurean A, (2020). *Invitation to* [*Social Responsibility*](#). Romanian Transactional Analysis Association Newsletter Iss 10.

Tiurean A, McDowell, J., Heath, J (2020). [*Body Psychotherapy in Romania*](#). Romanian Transactional Analysis Association Newsletter Iss 9.

Tiurean A, Simionescu-Panait, A. (2020) [*The Development of the Adult Ego State Through Applied Philosophy*](#). Romanian Transactional Analysis Association Newsletter Iss 9.

Tiurean A, Keith D., (2020) [*Symptoms of A Healthy Family - A Workshop Handout*](#).

Tiurean A, Borza, C., Deaconu, D. (2020). [*Opportunities and Challenges in Online Psychotherapy*](#). Romanian Transactional Analysis Association Newsletter Iss 8.

Tiurean A, (2018). [*The Calling of the Psychotherapist*](#). Presented at WUT/ MA-PCC Program.

Tiurean A, (2017). [*Intersubjectivity In The Relationship Between Counselor and Client*](#) / WUT

Tiurean A, et al (2014) [*The Birth of Family Therapists*](#). Journal of Family Psychotherapy, Vol. 25 Iss 3. Taylor and Francis Publishing

Tiurean A, (2006). [*The Development of Relationships with Divinity*](#). / WUT Conference

Tiurean A, Jacono R (2013). [*Searching For New Values*](#) In Family Life And In The Practice of Family Therapy. Verlag Fur Kultur Und Wissenschaft.

Tiurean A, Neagoe A (2012). [Therapeutic Approaches](#) and the Development of Psychosocial Rehabilitation Programs for Penitentiary Inmates. Ed.Univers Juridic, București.

Tiurean, A. (2012). Family reunions – Psikostil Magazine, Nr.22 / 2011, Tirana, Albania.

Tiurean, A. (2011). Meanings of Motherhood – Psikostil Magazine, Nr.14 / 2011, Tirana, Albania

Tiurean A. (2008) Parenting and Education of Children on Sexuality, published brochure on parenting, developed in a project involving the institution: "[Scoala Mamei Junior](#)" Timisoara.

Tiurean A (2008) BA Thesis: "Aspecte psihologice ale mamelor copiilor cu autism", Timișoara – limited edition made available to the collaborating institutions.

Tiurean A. (2007) Biopsicosociologia da Toxicodependencia, presented in 2007 at the University of Porto within Students Conference at the end of an academic semester of practical and scientific work - University of Porto, Portugal

Tiurean A (2007) *A critical analysis of Celina Manita's article "A critical Analysis of the Concept of Criminal Personality"* aiming a professional discussion with the author on the topic within Conference: "Biopsicosociologia do Comportamento Desviante", University of Porto, Portugal

Tiurean A. (2006). "*Fixitate versus maleabilitate. Teoriile oamenilor asupra personalității conturează autoprezentarea lor*", Revista Psihomagazin, numărul 8, 1/2006, editura Doroteea, Bucuresti
Tiurean A. (2006). Scientific essay on the links between interpersonal dynamics patterns and spiritual development, Universitatea de Vest, Timișoara - Student Conference